

PROTECTING YOU AND YOUR FAMILY

Who is most at risk?

According to the CDC, those most at risk for the virus are the elderly and those with serious chronic health conditions. [Click](#) to learn more about the risk factors.

What should healthy people do?

- Avoid contact with those who are sick.
- Wash your hands often, and don't touch high-touch services and avoid touching your face (eyes, nose, etc.).
- Have supplies on hand (any medications you might need and other household items should you have to stay home for a while).

[More information](#)

What if I feel sick?

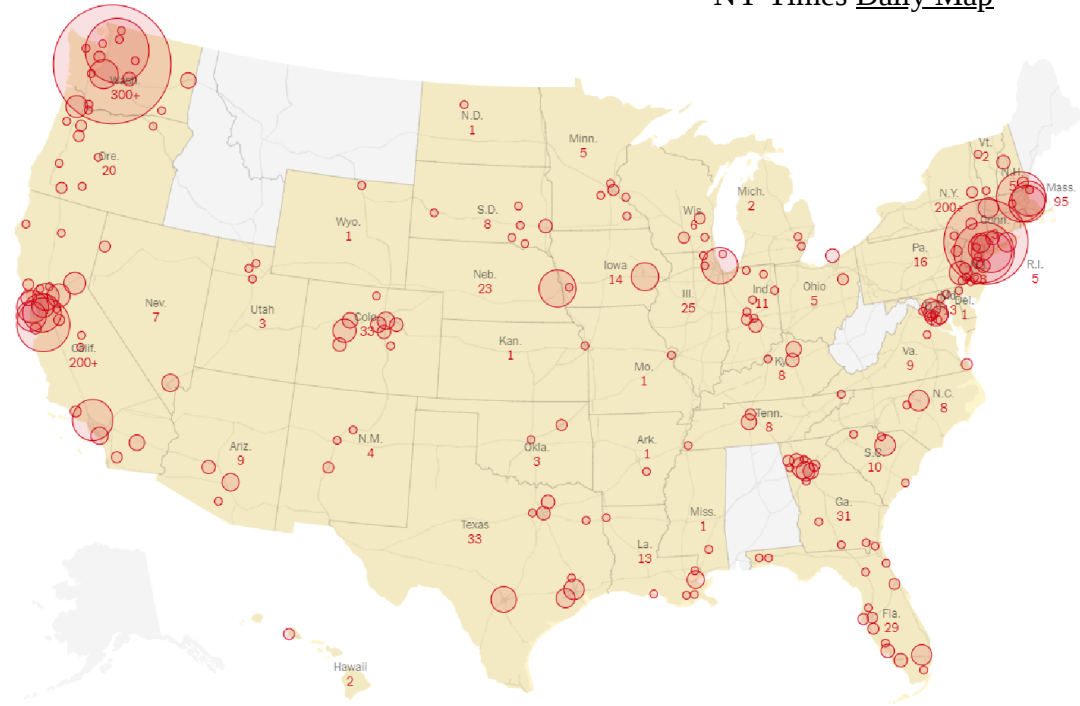
- Call your doctor and get directions on what to do next.
- If your doctor's office is closed, call an urgent care center or your local hospital.
- If you don't need to see a doctor, keep your distance from others.
- Wear a mask and cover your nose and mouth when coughing or sneezing.

Travel questions? [Click here](#) for CDC info.

What about protecting your home and workplace? [Click](#) for tips

Reported cases

NY Times [Daily Map](#)



OTHER INFO.

Medicare Part B has announced it will cover the COVID-19 test if it was taken after Feb. 4.

BCBS will cover testing for the Coronavirus with no cost-sharing for the member.

Other insurance companies may have new policies as well, so check with your carrier.

COVID-19 UPDATE

.....

MARCH 12, 2020

ADPH CONFIRMED

CASES IN ALABAMA: 0



Alabama Hospital Association