2020 Health Observances

January

Month-long Observances
Blood Donor Month, Cervical Health Awareness Month, Clap4Health, Glaucoma Awareness Month, National Birth Defects Prevention Month, Radon Action Month, Stalking Awareness Month, Thyroid Awareness Month

Other Health Observances
4  Louis Braille’s Birthday (1809-1852)
6-12  National Folic Acid Awareness Week
19-25  Nurse Anesthetists Week
19-31  Healthy Weight Week
21-26  National Drug and Alcohol Facts Week
23  Women’s Healthy Weight Day
25  IV Nurses Day
27-Feb. 1  Medical Group Practice Week

February

Month-long Observances
Age-Related Macular Degeneration/Low Vision Awareness Month, American Heart Month, Children’s Dental Health Month, Condom Month, International Prenatal Infection Prevention Month, Kids E.N.T. (Ears, Nose, Throat) Health Month, Teen Dating Violence Awareness Month, Therapeutic Recreation Month, Wise Health Care Consumer Month

Other Health Observances
2-8  Burn Awareness Week
3-7  Pride in Food Service Week
3-9  PeriAnesthesia Nurse Awareness Week
7  Give Kids a Smile® Day
7  National Black HIV/AIDS Awareness Day
7  National Wear Red Day
7-14  Congenital Heart Defect Awareness Week
9-15  Cardiac Rehabilitation Week
9-15  Cardiovascular Professionals Week
9-15  Sepsis Survivor Week
11  World Day of the Sick
14  Donor Day
14-21  NCCDP Alzheimer's Disease and Dementia Care Staff Education Week
23-29  Eating Disorders Awareness Week

March

Month-long Observances
Brain Injury Awareness Month, Child Life Month, Colorectal Cancer Awareness Month, Endometriosis Awareness Month, Eye Donor Month, Kidney Month, MS Education and Awareness Month, Nutrition Month, Professional Social Work Month, Save Your Vision Month, Trisomy Awareness Month, Workplace Eye Wellness Month

Other Health Observances
1-6  Aplastic Anemia and MDS Awareness Week
1-7  Dental Assistants Recognition Week
1-7  School Breakfast Week
1-7  Sleep Awareness Week®
3  World Birth Defects Day
4-11  Root Canal Awareness Week
8-14  Patient Safety Awareness Week
8-14  Pulmonary Rehabilitation Week
10  Women and Girls HIV/AIDS Awareness Day
12  World Kidney Day
13  Registered Dietitian Day
15-21  Health Care Human Resources Week
15-21  Inhalants and Poisons Awareness Week
15-21  Poison Prevention Week
16-22  Brain Awareness Week
17-23  Flood Safety Awareness Week
20  Native American HIV/AIDS Awareness Day
20  World Oral Health Day
24  World Tuberculosis Day
26  American Diabetes Alert Day
27  Wilhelm Conrad Roentgen’s Birthday (1845-1923)
30  Doctors’ Day
30- April 3  Youth Violence Prevention Week

April

Month-long Observances
Alcohol Awareness Month, Autism Awareness Month, Child Abuse Prevention Month, Distracted Driving Awareness Month, Donate Life Month, Facial Protection Month, Foot Health Awareness Month, Irritable Bowel Syndrome Awareness Month, Minority Health Month, Occupational Therapy Month, Rosacea Awareness Month, Sarcoidosis Awareness Month, Sexual Assault Awareness and Prevention Month, Sexually Transmitted Diseases Awareness Month, Sports Eye Safety Month, Testicular Cancer Awareness Month, Women’s Eye Health and Safety Month
Other Health Observances

5 Sir Joseph Lister’s Birthday (1827-1912)
5-11 Healthcare Access Personnel Week
6-10 Cancer Registrars Week
6-12 Public Health Week
7 World Health Day
7 Sexual Assault Awareness Month Day of Action
9 Alcohol Screening Day
12 National Radiologic and Imaging Nurses Day
12 RAINN Day
15 Transplant Nurses Day
16 Healthcare Decisions Day
16 World Voice Day
17 World Hemophilia Day
18 Walk for Epilepsy
18 YMCA Healthy Kids Day
19-25 Healthcare Administrative Professionals Week
19-25 Healthcare Volunteer Week
19-25 Infertility Awareness Week
19-25 Medical Laboratory Professionals Week
19-25 Neurodiagnostic Week
19-25 Pediatric Sepsis Week
24 Meningitis Day
27-May 1 Patient Experience Week
27-May 3 Air Quality Awareness Week
27-May 4 Infant Immunization Week
29 Noise Awareness Day

May

Month-long Observances
Arthritis Awareness Month, Asthma Awareness Month, Better Hearing and Speech Month, Better Sleep Month, Bike Month, Celiac Disease Awareness Month, Critical Care Awareness and Recognition Month, Employee Health and Fitness Month, Healthy Vision Month, Hepatitis Awareness Month, High Blood Pressure Education Month, Huntington’s Disease Awareness Month, Lupus Awareness Month, Mediterranean Diet Month, Melanoma/Skin Cancer Detection and Prevention Month, Mental Health Month, Motorcycle Safety and Awareness Month, Neurofibromatosis Awareness Month, Older Americans Month, Oncology Nursing Month, Osteoporosis Month, Physical Fitness and Sports Month, Preeclampsia Awareness Month, Psoriasis Arthritis Action Month, Stroke Awareness Month, Stroke Month, Teen Pregnancy Prevention Month, Toxic Encephalopathy and Chemical Injury Awareness Month, Trauma Awareness Month, Youth Traffic Safety Month

Other Health Observances
3-9 Children’s Mental Health Awareness Week
3-9 Hurricane Preparedness Week
4-10 Medical Fitness Week
5-11 Peripheral Neuropathy Awareness Day
6 Allergy and Asthma Day Capitol Hill
6 Bike to School Day
6 Children’s Mental Health Awareness Day
6 School Nurse Day
6-12 Nurses Week
9-16 Cornelia de Lange Syndrome Awareness Day
9-16 Alcohol and Other Drug-Related Birth Defects Week
10-16 Food Allergy Awareness Week
10-16 Hospital Week
10-16 National Skilled Nursing Week
10-16 Neuroscience Nursing Week
10-16 Women’s Health Week
10-16 Women’s Lung Health Week
11-17 Stuttering Awareness Week
12 Chronic Fatigue Syndrome/Chronic Fatigue and Immune Dysfunction Syndrome/Myalgic Encephalomyelitis Awareness Day
12 Fibromyalgia Awareness Day
17-23 Emergency Medical Services Week
17-23 Medical Transcriptionist Week
18 HIV Vaccine Awareness Day
19 National Asian and Pacific Islander HIV/AIDS Awareness Day
20 World Autoimmune Arthritis Day
22 Gout Awareness Day
22-28 Medical Fitness Week
25 Missing Children’s Day
27 Senior Health and Fitness Day
29 Heat Safety Awareness Day
31 World No Tobacco Day

June

Month-long Observances
Alzheimer’s and Brain Awareness Month, Aphasia Awareness Month, Cataract Awareness Month, Congenital Cytomegalovirus Awareness Month, Fireworks Safety Month, Hernia Awareness Month, Men’s Health Month, Migraine and Headache Awareness Month, Myasthenia Gravis Awareness Month, PTSD Awareness Month, Safety Month, Scleroderma Awareness Month

Other Health Observances
2 Healthcare Recruiter Recognition Day
7 Cancer Survivors Day
7-13 Community Health Improvement Week
10 Time Out Day
11-17 Sun Safety Week
13 Family Health & Fitness Day
14 World Blood Donor Day
15 St. Frances Xavier Cabrini’s Birthday (1850-1917)
15-19 Healthcare Risk Management Week
15-21 Men’s Health Week
18-25 Nursing Assistants Week
19 World Sickle Cell Day
22-28 National Lightening Safety Awareness Week
24-30 Helen Keller Deaf-Blind Awareness Week
27 HIV Testing Day

July

Month-long Observances
Cleft & Craniofacial Awareness & Prevention Month, Cord Blood Awareness Month, Group B Strep Awareness Month (International), Juvenile Arthritis Awareness Month

Other Health Observances
13-26 ECHO Donate Life
19-26 Hospitality House Week
28 Hepatitis Day

August

Month-long Observances
Breastfeeding Month, Children’s Eye Health and Safety Month, Immunization Awareness Month, Neurosurgery Awareness Month, Psoriasis Awareness Month, Spinal Muscular Atrophy Awareness Month

Other Health Observances
1-7 World Breastfeeding Week
2 KidsDay
4-10 Health Center Week
23 Health Unit Coordinator Day

September

Month-long Observances
Atrial Fibrillation Awareness Month, Baby Safety Month, Childhood Cancer Awareness Month, Cholesterol Education Month, Craniofacial Acceptance Month, Fruit and Veggies-More Matters Month, Gynecologic Cancer Awareness Month, Healthy Aging Month, Infant Mortality Awareness Month, ITP Awareness Month, Leukemia, Lymphoma and Myeloma Awareness Month, Newborn Screening Awareness Month, Ovarian Cancer Awareness Month, Pain Awareness Month, Pediculosis Prevention Month/Head Lice Prevention Month, Preparedness Month, Prostate Cancer Awareness Month, Prostate Health Month, Pulmonary Fibrosis Awareness Month, Recovery Month, Reye’s Syndrome Awareness Month, Sepsis Awareness Month, Sexual Health Month, Sickle Cell Month, Thyroid Cancer Awareness Month, Whole Grains Month, Yoga Awareness Month

Other Health Observances
6-12 Suicide Prevention Week
6-12 Vascular Nursing Week
6-12 Youth Suicide Prevention Week
7-13 Neonatal Nurses Week
10 Pediatric Hematology/Oncology Nurses Day
10 Youth Suicide Prevention Day
13 Celiac Disease Awareness Day
13-19 Assisted Living Week
13-19 Environmental Services
13-20 Nephrology Nurses Week
14-20 Farm Safety and Health Week
14-20 Rehabilitation Awareness Celebration
17 Get Ready Day
18 School Backpack Awareness Day
20-26 Child Passenger Safety Week
20-26 Clean Hands Week
20-26 Surgical Technologists Week
25 Sport Purple for Platelets Day
26 Seat Check Saturday
27 Gay Men’s HIV/AIDS Awareness Day
27-Oct.3 Midwifery Week
28 World Rabies Day
30 Women’s Health & Fitness Day

October

Month-long Observances
Breast Cancer Awareness Month, Bullying Prevention Month, Chiropractic Health Month, Contact Lens Safety Month, Dental Hygiene Month, Disability Employment Awareness Month, Domestic Violence Awareness Month, Down Syndrome Awareness Month, Eye Injury Prevention Month, Health Literacy Month, Home Eye Safety Month, Medical Librarians Month, Medical Ultrasound Awareness Month, Patient-Centered Care Awareness Month, Pharmacists Month, Physical Therapy Month, SIDS, Pregnancy and Infant Loss Awareness Month, Talk About Medicines Month

Other Health Observances
4-10 Fire Prevention Week
4-10 Healthcare Resource and Materials Management Week
4-10 Healthcare Supply Chain Week
4-10 Mental Illness Awareness Week
5-9 Pediatric Nurses Week
5-11 Healthcare Food Service Workers Week
November

**Month-long Observances**
Alzheimer’s Disease Awareness Month, Bladder Health Month, COPD Awareness Month, Diabetes Month, Diabetic Eye Disease Month, Epilepsy Awareness Month, Family Caregivers Month, Healthy Skin Month, Home Care and Hospice Month, Hospice/Palliative Care Month, Jingle Bell Run for Arthritis, Lung Cancer Awareness Month, Pancreatic Cancer Awareness Month, Prematurity Awareness Month

**Other Health Observances**
1-7 Allied Health Professionals Week
1-7 Diabetes Education Week

December

**Month-long Observances**
Safe Toys and Gifts Month

**Other Health Observances**
1 World AIDS Day
6-12 Handwashing Awareness Week
6-12 Influenza Vaccination Week
25 Clara Barton’s Birthday (1821-1912)
27 Louis Pasteur’s Birthday (1822-1895)

Please note: These health observance dates have been compiled as a service for AlaHA members and statewide media. This information does not in any way represent the opinions or views of the Alabama Hospital Association or its staff, and no endorsement should be implied. Although AlaHA staff strives to provide correct information, we cannot guarantee its accuracy or validity and users are encouraged to verify information before referencing.

Sources: Health Observances & Recognition Days: 2020 Calendar. Provides descriptions of the observances, as well as contact information.

2020 National Health Observances. Published by the National Health Information Center. Lists dates, contact information and links to sponsoring organizations when available. Download free of charge at http://www.healthfinder.gov/NHO/.