2016 Health Observances

January

Month-long Observances
Birth Defects Prevention Month, Blood Donor Month, Cervical Cancer Screening Month, Cervical Health Awareness Month, Glaucoma Awareness Month

Other Health Observances
17 – 23    Healthy Weight Week
21    Women’s Healthy Weight Day
25    IV Nurse Day
25 – 31    Drug Facts Week

February

Month-long Observances
Age-Related Macular Degeneration/Low Vision Awareness Month, Children’s Dental Health Month, Condom Month, Heart Month, Kids ENT Health Month, Recreational Therapy Month, Wise Health Care Consumer Month

Other Health Observances
1 – 7    PeriAnesthesia Nurse Awareness Week
5    National Wear Red Day
7 – 13    Burn Awareness Week
11    Day of the Sick
14 – 20    Cardiac Rehabilitation Week
14 – 20    Cardiovascular Professionals Week
21 – 27    Eating Disorders Awareness Week

March

Month-long Observances
Athletic Training Month, Brain Injury Awareness Month, Child Life Month, Colorectal Cancer Awareness Month, Eye Donor Month, Kidney Month, Nutrition Month, Professional Social Work Month, Save Your Vision Month, Workplace Eye Wellness Month

Other Health Observances
1 – 7    Aplastic Anemia and MDS Awareness Week
6 – 12    Dental Assistants Recognition Week
9    Registered Dietician Nutritionist Day
10    World Kidney Day
13 – 19    Health Care HR Day
13 – 19    Patient Safety Awareness Week
13 – 19    Pulmonary Rehabilitation Week
14 – 20    Brain Awareness Week
19    Certified Nurses Day
20 – 26    Poison Prevention Week
22    Diabetes Association Alert Day
27 – March 2    Root Canal Awareness Week
30    Doctors’ Day

April

Month-long Observances
Alcohol Awareness Month, Autism Awareness Month, Facial Protection Month, Foot Health Awareness Month, Humor Month, March for Babies, Minority Health Month, Occupational Therapy Month, Sexually Transmitted Infection Awareness Month, Sports Eye Safety Month, Women’s Eye Health and Safety Month

Other Health Observances
4 – 10    Public Health Week
7    Alcohol Screening Day
7    World Health Day
10 – 16    Oral, Head and Neck Cancer Awareness Week
10 – 16    Volunteer Week
11 – 15    Cancer Registrars Week
12    Radiologic and Imaging Nurses Day
15    Global Youth Service Day
16    Healthcare Decisions Day
16 – 17    Voice Day
17    Hemophilia Day
17 – 23    Neurodiagnostic Week
20    Transplant Nurses Day
23 – 29    Medical Fitness Week
24 – 30    Medical Laboratory Professionals Week
27    Noise Awareness Day

May

Month-long Observances
Arthritis Awareness Month, Better Hearing and Speech Month, Better Sleep Month, Bike Month, Cataract Awareness Month, Critical Care Awareness and Recognition Month, Global Employee Health and Fitness Month, Healthy Vision Month, Hepatitis Awareness Month, High Blood Pressure Education Month, Huntington’s Disease Awareness Month, Liver Awareness Month, Lupus Awareness Month, Melanoma/Skin
Cancer Detection and Prevention Month®, Mental Health Month, Motorcycle Safety and Awareness Month, NF (Neurofibromatosis) Awareness Month, Older Americans Month, Oncology Nursing Month, Osteoporosis Month, Run a Mile Days, Stroke Awareness Month, Stroke Month, Teen Pregnancy Prevention Month, Trauma Awareness Month

Other Health Observances
1 – 7  Anxiety and Depression Awareness Week
2   Melanoma Monday
6 – 12  National Nurses Week
8 – 14  Food Allergy Awareness Week
8 – 14  Hospital Week
8 – 14  Women’s Health Week
8 – 15  Nursing Home Week
9 – 15  Stuttering Awareness Week
10  Lupus Day
11  School Nurse Day
12  Fibromyalgia Awareness Day
12  ME/CFS Awareness Day
15  Global Employee Health and Fitness Day
15 – 21  Medical Transcriptionist Week
15 – 21  Neuroscience Nurses Week
18  Trauma Survivors Day
20  Autoimmune Arthritis Day
25  Missing Children’s Day
25  Senior Health and Fitness Day

June

Month-long Observances
Alzheimer’s and Brain Awareness Month, Aphasia Awareness Month, Cataract Awareness Month, Fireworks Eye Safety Month, Hernia Awareness Month, Men’s Health Month, Migraine and Headache Awareness Month, Scleroderma Awareness Month

Other Health Observances
5  Cancer Survivors Day
7  Health Care Recruiter Recognition Day
9 – 16  Nursing Assistants Week
13 – 17  Healthcare Risk Management Week
13 – 19  Men’s Health Week

July

Month-long Observances
Cord Blood Awareness Month, Juvenile Arthritis Awareness Month, Minority Mental Health Awareness Month, UV Safety Month

Other Health Observances
28  World Hepatitis Day

August

Month-long Observances
Children’s Eye Health and Safety Month, Neurosurgery Outreach Month, Psoriasis Awareness Month, Spinal Muscular Atrophy Awareness Month

Other Health Observances
7  Kids Day
14 – 20  Health Center Week
23  Health Unit Coordinator Day

September

Month-long Observances
Baby Safety Month, Blood Cancer Awareness Month, Cholesterol Education Month, Craniofacial Acceptance Month, Gynecologic Cancer Awareness Month, Healthy Aging® Month, Pain Awareness Month, Prostate Cancer Awareness Month, Prostate Health Month, Reye’s syndrome Awareness Month, Thyroid Cancer Awareness Month

Other Health Observances
5 – 11  Youth Suicide Prevention Week
10  Youth Suicide Prevention Day
11  Grandparents Day
11 – 17  Healthcare Environmental Services Week
11 – 17  Nephrology Nurses Week
11 – 17  Vascular Nurses Week
15  Neonatal Nurses Day
16  School Backpack Awareness Day
18 – 24  Child Passenger Safety Week
18 – 24  Farm Safety and Health Week
18 – 24  Nursing Professional Development Week
18 – 24  Surgical Technologist Week
24  Family Health and Fitness Day
24  Seat Check Saturday
28  Women’s Health and Fitness Day
October

Month-long Observances
Breast Cancer Awareness Month, Chiropractic Health Month, Dental Hygiene Month, Disability Employment Awareness Month, Domestic Violence Awareness Month, Eye Injury Prevention Month, Halloween Safety Month, Health Literacy Month, Home Eye Safety Month, Medical Librarians Month, Medical Ultrasound Awareness Month, Patient-Centered Care Awareness Month, Pharmacists Month, Physical Therapy Month, Sudden Infant Death Syndrome (SIDS), Pregnancy, and Infant Loss Awareness Month, “Talk About Your Medicine” Month

Other Health Observances
2 – 8 Gerontological Nursing Week
2 – 8 Healthcare Foodservice Workers Week
2 – 8 Healthcare Supply Chain Week
2 – 8 Mental Illness Awareness Week
2 – 8 Midwifery Week
2 – 8 Nuclear Medicine and Molecular Imaging Week
6 – 12 Physician Assistants Week
9 – 15 Case Management Week
9 – 15 Central Service Week
9 – 15 Emergency Nurses Week
9 – 15 Fire Prevention Week
9 – 15 Healthcare Security and Safety Week
10 – 15 Dialysis Technician Recognition Week
12 Arthritis Day
12 Healthcare Security and Safety Officer Appreciation Day
12 Stop America’s Violence Everywhere Day
16 – 22 Infection Prevention Week
17 – 21 Medical Assistants Recognition Week
17 – 21 Nuclear Science Week
22 Stuttering Awareness Day
23 – 29 Health Care Facility and Engineering Week
23 – 29 Respiratory Care Week
23 – 31 Red Ribbon Week
24 Lock Your Meds Day
26 Lung Health Day
29 Psoriasis Day

November

Month-long Observances
Alzheimer’s Disease Awareness Month, Blasser Health Awareness Month, COPD Awareness Month, Diabetes Month®, Diabetic Eye Disease Month, Epilepsy Awareness Month, Family Caregivers Month, Healthy Skin Month, Home Care Month, Hospice and Palliative Care Month, Lung Cancer Awareness Month, Pancreatic Cancer Awareness Month, Prematurity Awareness Month, Sexual Health Month, Jingle Bell Run/Walk for Arthritis

Other Health Observances
1 – 7 Medical-Surgical Nurses Week
1 – 7 Patient Transportation Week
1 – 7 Urology Nurses and Associates Week
6 – 12 Allied Health Professions Week
6 – 12 Diabetes Education Week
6 – 12 National Medical Staff Services Awareness Week
6 – 12 Radiologic Technology Week®
6 Lung Cancer Walk for Hope
7 – 11 Blood Management Awareness Week
17 Great American Smokeout
17 Prematurity Day

December

Month-long Observances
Safe Toys and Celebrations Month, Safe Toys and Gifts Month

Other Health Observances
1 AIDS Day (World)
7 – 11 Older Driver Safety Awareness Week

Note: These health observance dates have been compiled as a service for AlaHA members and statewide media. This information does not in any way represent the opinions or views of the Alabama Hospital Association or its staff, and no endorsement should be implied. Although AlaHA staff strives to provide correct information, we cannot guarantee its accuracy or validity and users are encouraged to verify information before referencing.

Sources: Health Observances & Recognition Days: 2016 Calendar. Provides descriptions of the observances, as well as contact information. Available from the Society for Healthcare Strategy and Market Development. To order, visit www.shsmdstore.com and search for “Health Observances.”