

2021 Health Observances

January

Month-long Observances

Blood Donor Month, Cervical Health Awareness Month, Clap4Health, Glaucoma Awareness Month, National Birth Defects Prevention Month, Radon Action Month, Stalking Awareness Month, Thyroid Awareness Month

Other Health Observances

4 Louis Braille's Birthday (1809-1852)
6-12 National Folic Acid Awareness Week
24-30 Nurse Anesthetists Week
19-25 Healthy Weight Week
21 Women's Healthy Weight Day
25 IV Nurses Day
25-29 Medical Group Practice Week

February

Month-long Observances

Age-Related Macular Degeneration/Low Vision Awareness Month, American Heart Month, Children's Dental Health Month, Condom Month, International Prenatal Infection Prevention Month, Kids E.N.T. (Ears, Nose, Throat) Health Month, Teen Dating Violence Awareness Month, Therapeutic Recreation Month, Wise Health Care Consumer Month

Other Health Observances

1-5 Pride in Food Service Week
1-7 PeriAnesthesia Nurse Awareness Week
7-13 Burn Awareness Week
5 Give Kids a Smile® Day
7 National Black HIV/AIDS Awareness Day
7 National Wear Red Day
7-14 Congenital Heart Defect Awareness Week
8-14 Cardiac Rehabilitation Week
11 World Day of the Sick
14 Donor Day
14-20 Cardiovascular Professionals Week
14-20 Sepsis Survivor Week
14-21 NCCDP Alzheimer's Disease and Dementia Care Staff Education Week
22-28 Eating Disorders Awareness Week

March

Month-long Observances

Brain Injury Awareness Month, Child Life Month, Colorectal Cancer Awareness Month, Endometriosis Awareness Month, Eye Donor Month, Kidney Month, MS Education and Awareness Month, Nutrition Month, Professional Social Work Month, Save Your Vision Month, Trisomy Awareness Month, Workplace Eye Wellness Month

Other Health Observances

1-6 Aplastic Anemia and MDS Awareness Week
3 World Birth Defects Day
7-13 Dental Assistants Recognition Week
8-12 School Breakfast Week
10 Women and Girls HIV/AIDS Awareness Day
10 Registered Dietitian Day
11 World Kidney Day
14-20 Sleep Awareness Week®
14-20 Patient Safety Awareness Week
14-20 Pulmonary Rehabilitation Week
15-19 Health Care Human Resources Week
15-21 Inhalants and Poisons Awareness Week
15-21 Brain Awareness Week
20 Native American HIV/AIDS Awareness Day
20 World Oral Health Day
21 World Down Syndrome Day
21-27 Poison Prevention Week
22-28 Root Canal Awareness Week
22-28 National Drug and Alcohol Facts Week
23 American Diabetes Alert Day
24 World Tuberculosis Day
26 Epilepsy Awareness- Purple Day
26 Wilhelm Conrad Roentgen's Birthday (1845-1923)
30 Doctors' Day

April

Month-long Observances

Alcohol Awareness Month, Autism Awareness Month, Child Abuse Prevention Month, Distracted Driving Awareness Month, Donate Life Month, Facial Protection Month, Foot Health Awareness Month, Irritable Bowel Syndrome Awareness Month, Minority Health Month, Occupational Therapy Month, Rosacea Awareness Month, Sarcoidosis Awareness Month, Sexual Assault Awareness and Prevention Month, Sexually Transmitted Diseases Awareness Month, Sports Eye Safety Month, Testicular Cancer Awareness Month, Women's Eye Health and Safety Month

Other Health Observances

2	World Autism Awareness Day
5	Sir Joseph Lister’s Birthday (1827-1912)
4-10	Healthcare Access Personnel Week
5-9	Cancer Registrars Week
5-11	Public Health Week
7	World Health Day
6	Sexual Assault Awareness Month Day of Action
7	Alcohol Screening Day
12-16	Youth Violence Prevention Week
12	National Radiologic and Imaging Nurses Day
14	RAINN Day
21	Transplant Nurses Day
16	Healthcare Decisions Day
16	World Voice Day
17	World Hemophilia Day
18-24	Healthcare Administrative Professionals Week
18-24	Healthcare Volunteer Week
18-24	Infertility Awareness Week
18-24	Medical Laboratory Professionals Week
18-24	Neurodiagnostic Week
18-24	Pediatric Sepsis Week
18-24	National Pediatric Transplant Week
24	Meningitis Day
26-30	Patient Experience Week
26-30	Every Kid Healthy Week
26-May 3	Infant Immunization Week
28	Noise Awareness Day

May

Month-long Observances

Arthritis Awareness Month, Asthma Awareness Month, Better Hearing and Speech Month, Better Sleep Month, Bike Month, Celiac Disease Awareness Month, Critical Care Awareness and Recognition Month, Employee Health and Fitness Month, Healthy Vision Month, Hepatitis Awareness Month, High Blood Pressure Education Month, Huntington’s Disease Awareness Month, Lupus Awareness Month, Mediterranean Diet Month, Melanoma/Skin Cancer Detection and Prevention Month, Mental Health Month, Motorcycle Safety and Awareness Month, Neurofibromatosis Awareness Month, Older Americans Month, Oncology Nursing Month, Osteoporosis Month, Physical Fitness and Sports Month, Preeclampsia Awareness Month, Psoriasis Arthritis Action Month, Stroke Awareness Month, Stroke Month, Teen Pregnancy Prevention Month, Toxic Encephalopathy and Chemical Injury Awareness Month, Trauma Awareness Month, Youth Traffic Safety Month

Other Health Observances

2	Melanoma Monday
2-8	Occupational Safety and Health Week

3-7	Air Quality Awareness Week
3-9	Children’s Mental Health Awareness Week
4	World Asthma Day
4-5	Allergy and Asthma Day on Capitol Hill
5	Bike to School Day
6	School Nurse Day
6-12	Nurses Week
7	Children’s Mental Health Awareness Day
8	Cornelia de Lange Syndrome Awareness Day
9-15	Hospital Week
9-15	Hurricane Preparedness Week
9-15	National Skilled Nursing Week
9-15	Neuroscience Nursing Week
9-15	Women’s Health Week
9-15	Women’s Lung Health Week
9-15	Stuttering Awareness Week
10-16	Medical Fitness Week
10-16	Food Allergy Awareness Week
10-16	Medical Fitness Week
12	Chronic Fatigue Syndrome/Chronic Fatigue and Immune Dysfunction Syndrome/Myalgic Encephalomyelitis Awareness Day
12	Fibromyalgia Awareness Day
12-16	Peripheral Neuropathy Awareness Week
13-19	Alcohol and Other Drug-Related Birth Defects Week
16-22	Emergency Medical Services Week
16-22	Medical Transcriptionist Week
18	HIV Vaccine Awareness Day
19	National Asian and Pacific Islander HIV/AIDS Awareness Day
20	World Autoimmune Arthritis Day
22	Gout Awareness Day
25	Missing Children’s Day
27	Senior Health and Fitness Day
28	Heat Safety Awareness Day
31	World No Tobacco Day

June

Month-long Observances

Alzheimer’s and Brain Awareness Month, Aphasia Awareness Month, Cataract Awareness Month, Congenital Cytomegalovirus Awareness Month, Fireworks Safety Month, Hernia Awareness Month, Men’s Health Month, Migraine and Headache Awareness Month, Myasthenia Gravis Awareness Month, PTSD Awareness Month, Safety Month, Scleroderma Awareness Month

Other Health Observances

2	Healthcare Recruiter Recognition Day
5	Walk for Epilepsy

6-12	Sun Safety Week
7-12	Community Health Improvement Week
10	Time Out Day
11	Family Health & Fitness Day
12	St. Frances Xavier Cabrini's Birthday (1850-1917)
14	World Blood Donor Day
14-20	Men's Health Week
17-24	Nursing Assistants Week
19	World Sickle Cell Day
20-26	National Lightning Safety Awareness Week
21-25	Healthcare Risk Management Week
27	HIV Testing Day
27-Jul. 3	Helen Keller Deaf - Blind Awareness Week

July

Month-long Observances

Cleft & Craniofacial Awareness & Prevention Month, Cord Blood Awareness Month, Group B Strep Awareness Month (International), Juvenile Arthritis Awareness Month

Other Health Observances

28 Hepatitis Day

August

Month-long Observances

Breastfeeding Month, Children's Eye Health and Safety Month, Immunization Awareness Month, Neurosurgery Awareness Month, Psoriasis Awareness Month, Spinal Muscular Atrophy Awareness Month

Other Health Observances

1 World Lung Cancer Day
 1-7 World Breastfeeding Week
 9-15 Health Center Week
 19-23 Contact Lens Health Week
 23 Health Unit Coordinator Day
 31 International Overdose Awareness Day

September

Month-long Observances

Atrial Fibrillation Awareness Month, Baby Safety Month, Childhood Cancer Awareness Month, Cholesterol Education Month, Craniofacial Acceptance Month, Fruit and Veggies-More Matters Month, , Gynecologic Cancer Awareness Month, Healthy Aging Month, Infant Mortality Awareness Month, ITP Awareness Month, Leukemia, Lymphoma and Myeloma Awareness Month, Newborn Screening Awareness Month, Ovarian Cancer Awareness Month, Pain Awareness Month, Pediculosis Prevention Month/Head Lice Prevention Month, Preparedness Month,

Prostate Cancer Awareness Month, Prostate Health Month, Pulmonary Fibrosis Awareness Month, Recovery Month, Reye's Syndrome Awareness Month, Sepsis Awareness Month, Sexual Health Month, Sickle Cell Month, Thyroid Cancer Awareness Month, Whole Grains Month, Yoga Awareness Month

Other Health Observances

5-11 Suicide Prevention Week
 5-11 Vascular Nursing Week
 5-11 Youth Suicide Prevention Week
 8 Pediatric Hematology/Oncology Nurses Day
 10 Youth Suicide Prevention Day
 12-18 Assisted Living Week
 12-18 Nephrology Nurses Week
 13 Celiac Disease Awareness Day
 13-19 Neonatal Nurses Week
 13-19 Environmental Services
 15 School Backpack Awareness Day
 16 Get Ready Day
 19-25 Child Passenger Safety Week
 19-25 Surgical Technologists Week
 20-26 Farm Safety and Health Week
 20-26 Rehabilitation Awareness Celebration
 21 World Alzheimer's Day
 25 Sport Purple for Platelets Day
 26 Seat Check Saturday
 27 Gay Men's HIV/AIDS Awareness Day
 28 World Rabies Day
 29 Women's Health & Fitness Day
 29 World Heart Day

October

Month-long Observances

Breast Cancer Awareness Month, Bullying Prevention Month, Chiropractic Health Month, Contact Lens Safety Month, Dental Hygiene Month, Disability Employment Awareness Month, Domestic Violence Awareness Month, Down Syndrome Awareness Month, Eye Injury Prevention Month, Health Literacy Month, Home Eye Safety Month, Medical Librarians Month, Medical Ultrasound Awareness Month, Patient-Centered Care Awareness Month, Pharmacists Month, Physical Therapy Month, SIDS, Pregnancy and Infant Loss Awareness Month, Talk About Medicines Month

Other Health Observances

3-9 Fire Prevention Week
 3-9 Midwifery Week
 3-9 Healthcare Resource and Materials Management Week
 3-9 Healthcare Supply Chain Week
 3-9 Mental Illness Awareness Week
 3-9 Healthcare Food Service Workers Week

4-10	Nuclear Medicine and Molecular Imaging Week
6	Walk to School Day
6-12	Physician Assistants Week
7	Depression Screening Day
10-16	Case Management Week
10-16	Healthcare Security and Safety Week
11-16	Dialysis Technician Recognition Week
12	World Arthritis Day
12-18	Emergency Nurses Week
12-18	Bone and Joint Health Awareness Week
13	Metastatic Breast Cancer Awareness Day
13	Stop America's Violence Everywhere (SAVE) Today
14	Healthcare Security and Safety Officer Appreciation Day
15	Latino AIDS Awareness Day
15	Mammography Day
16	World Food Day
17-23	Infection Prevention Week
17-23	Healthcare Quality Week
17-23	Medical Assistants Recognition Week
17-23	Nuclear Science Week
17-23	School Bus Safety Week
18-22	Health Education Week
17-23	Pharmacy Week
22	Stuttering Awareness Day
23	Lock Your Meds Day
23-31	Red Ribbon Week
24-30	Respiratory Care Week
24-30	Healthcare Facilities and Engineering Week
24-30	Spiritual Care Week
27	Lung Health Day
29	Psoriasis Day

November

Month-long Observances

Alzheimer's Disease Awareness Month, Bladder Health Month, COPD Awareness Month, Diabetes Month, Diabetic Eye Disease Month, Epilepsy Awareness Month, Family Caregivers Month, Healthy Skin Month, Home Care and Hospice Month, Hospice/Palliative Care Month, Jingle Bell Run for Arthritis, Lung Cancer Awareness Month, Pancreatic Cancer Awareness Month, Prematurity Awareness Month

November continued...

Other Health Observances

1-5	Patient Blood Management Awareness Week
1-7	Patient Transport Week

1-7	Medical-Surgical Nurses' Week
1-7	Urology Nurses and Associates Week
7-13	Allied Health Professionals Week
7-13	Diabetes Education Week
7-13	Drowsy Driving Prevention Week
7-13	Home Care Aide Week
7-13	Nurse Practitioner Week
7-13	Radiologic Technology Week
14-20	Perioperative Nurse Week
18	Great American Smokeout
20	Survivors of Suicide Day (International)
21-27	Gastroesophageal Reflux Disease Awareness Week

December

Month-long Observances

Safe Toys and Gifts Month

Other Health Observances

1	World AIDS Day
1-7	Influenza Vaccination Week
6-12	Handwashing Awareness Week
25	Clara Barton's Birthday (1821-1912)
27	Louis Pasteur's Birthday (1822-1895)

Please note: These health observance dates have been compiled as a service for AlaHA members and statewide media. This information does not in any way represent the opinions or views of the Alabama Hospital Association or its staff, and no endorsement should be implied. Although AlaHA staff strives to provide correct information, we cannot guarantee its accuracy or validity and users are encouraged to verify information before referencing.

Sources: *Health Observances & Recognition Days: 2021 Calendar*. Provides descriptions of the observances, as well as contact information.

2021 National Health Observances. Published by the National Health Information Center. Lists dates, contact information and links to sponsoring organizations when available. Download free of charge at <http://www.healthfinder.gov/NHO/>.