2016 Health Observances

January

Month-long Observances
Birth Defects Prevention Month, Blood Donor Month, Cervical Cancer Screening Month, Cervical Health Awareness Month, Glaucoma Awareness Month

Other Health Observances
3 – 19 National Folic Acid Awareness Week
17 – 23 Healthy Weight Week
18 Martin Luther King Day
21 Women’s Healthy Weight Day
24 – 30 National Certified Nurse Anesthetists Week
25 IV Nurse Day
25 – 31 Drug Facts Week

February

Month-long Observances
Age-Related Macular Degeneration/Low Vision Awareness Month, Children’s Dental Health Month, Condom Month, Heart Month, Kids ENT Health Month, Recreational Therapy Month, Wise Health Care Consumer Month, National Cancer Prevention Month

Other Health Observances
1 – 7 PeriAnesthesia Nurse Awareness Week
3 National Girls and Women in Sports Day
5 National Wear Red Day
7 – 13 Burn Awareness Week
11 Day of the Sick
14 – 20 Cardiac Rehabilitation Week
14 – 20 Cardiovascular Professionals Week
14 Condom Awareness Day
21 – 27 Eating Disorders Awareness Week
22 World Thinking Day
22 – March 1 Eating Disorders Awareness Week

March

Month-long Observances
Athletic Training Month, Brain Injury Awareness Month, Child Life Month, Colorectal Cancer Awareness Month, Eye Donor Month, Kidney Month, Nutrition Month, Professional Social Work Month, Save Your Vision Month, Workplace Eye Wellness Month, American Red Cross Month, Hemophilia Month, Developmental Disabilities Awareness Month

Other Health Observances
1 – 7 Aplastic Anemia and MDS Awareness Week
6 – 12 Dental Assistants Recognition Week
6 – 12 Sleep Awareness Week
6 – 12 Pulmonary Rehabilitation Week
9 Registered Dietician Nutritionist Day
10 World Kidney Day
13 – 19 Health Care HR Day
13 – 19 Patient Safety Awareness Week
13 – 19 Pulmonary Rehabilitation Week
14 – 20 Brain Awareness Week
19 Certified Nurses Day
19 Kick Butts Day
20 – 26 Poison Prevention Week
22 Diabetes Association Alert Day
22 World Water Day
27 – March 2 Root Canal Awareness Week
30 Doctors’ Day

April

Month-long Observances
Alcohol Awareness Month, Autism Awareness Month, Facial Protection Month, Foot Health Awareness Month, Humor Month, March for Babies, Minority Health Month, Occupational Therapy Month, Sexually Transmitted Infection Awareness Month, Sports Eye Safety Month, Women’s Eye Health and Safety Month, Child Abuse Prevention Month, Donate Life Month, Stress Awareness Month, Sexual Assault Awareness Month, April

Other Health Observances
1 – 3 Alcohol Free Weekend
4 – 10 National Youth Violence Prevention Week
4 – 10 Public Health Week
6 National Day of Hope
7 Alcohol Screening Day
7 World Health Day
10 – 16 Oral, Head and Neck Cancer Awareness Week
10 – 16 Volunteer Week
11 – 15 Cancer Registrars Week
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>12</td>
<td>Radiologic and Imaging Nurses Day</td>
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<td>15</td>
<td>Global Youth Service Day</td>
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<td>16</td>
<td>Healthcare Decisions Day</td>
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<td>16</td>
<td>Voice Day</td>
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<td>16–23</td>
<td>National Infant Immunization Week</td>
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<td>17</td>
<td>Hemophilia Day</td>
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<td>17–23</td>
<td>Neurodiagnostic Week</td>
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<td>20</td>
<td>Transplant Nurses Day</td>
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<td>22</td>
<td>Earth Day</td>
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<td>23–29</td>
<td>Medical Fitness Week</td>
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<td>24–30</td>
<td>Medical Laboratory Professionals Week</td>
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<td>27</td>
<td>Noise Awareness Day</td>
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<td>18</td>
<td>Trauma Survivors Day</td>
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<td>Autoimmune Arthritis Day</td>
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<td>25</td>
<td>Missing Children’s Day</td>
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<td>25</td>
<td>Senior Health and Fitness Day</td>
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**June**

**Month-long Observances**
- Alzheimer’s and Brain Awareness Month, Aphasia Awareness Month, Cataract Awareness Month, Fireworks Eye Safety Month, Hernia Awareness Month, Men’s Health Month, Migraine and Headache Awareness Month, Scleroderma Awareness Month

**Other Health Observances**
- Cancer Survivors Day
- Health Care Recruiter Recognition Day
- Nursing Assistants Week
- National Children’s Day
- Healthcare Risk Management Week
- National Children’s Week
- World Blood Donor Day
- HIV Testing Day

**July**

**Month-long Observances**
- Cord Blood Awareness Month, Juvenile Arthritis Awareness Month, Minority Mental Health Awareness Month, UV Safety Month, Fireworks Safety Month, Eye Injury Prevention Month

**Other Health Observances**
- Every Body Deserves a Massage Week
- World Hepatitis Day

**August**

**Month-long Observances**
- Children’s Eye Health and Safety Month, Neurosurgery Outreach Month, Psoriasis Awareness Month, Spinal Muscular Atrophy Awareness Month, National Breastfeeding Month, National Immunization Awareness Month

**Other Health Observances**
- National Night Out
- Health Center Week
- Kids Day
September

Month-long Observances
Baby Safety Month, Blood Cancer Awareness Month, Cholesterol Education Month, Craniotemporal Acceptance Month, Gynecologic Cancer Awareness Month, Healthy Aging® Month, Pain Awareness Month, Prostate Cancer Awareness Month, Prostate Health Month, Reye’s syndrome Awareness Month, Thyroid Cancer Awareness Month, Childhood Obesity Awareness Month, Childhood Cancer Awareness Month, Baby Safety Awareness Month

Other Health Observances
5 – 11 Youth Suicide Prevention Week
10 Youth Suicide Prevention Day
11 Grandparents Day
11 – 17 Healthcare Environmental Services Week
11 – 17 Nephrology Nurses Week
11 – 17 Vascular Nurses Week
15 Neonatal Nurses Day
16 School Backpack Awareness Day
18 – 24 Child Passenger Safety Week
18 – 24 Farm Safety and Health Week
18 – 24 Nursing Professional Development Week
18 – 24 Surgical Technologist Week
24 Family Health and Fitness Day
24 Seat Check Saturday
25 – Oct. 1 Active Aging Week
28 Women’s Health and Fitness Day

October

Month-long Observances
American Heart Walk, Alzheimer’s Association Memory Walk, Breast Cancer Awareness Month, Chiropractic Health Month, Dental Hygiene Month, Disability Employment Awareness Month, Domestic Violence Awareness Month, Eye Injury Prevention Month, Halloween Safety Month, Health Literacy Month, Home Eye Safety Month, Medical Librarians Month, Medical Ultrasound Awareness Month, Patient-Centered Care Awareness Month, Pharmacists Month, Physical Therapy Month, Sudden Infant Death Syndrome (SIDS), Pregnancy, and Infant Loss Awareness Month, “Talk About Your Medicine” Month, Children’s Health Month, Healthy Babies Month, Depression & Mental Health Month, Spina Bifida Awareness Month

Other Health Observances
2 – 8 Gerontological Nursing Week
2 – 8 Healthcare Foodservice Workers Week
2 – 8 Healthcare Supply Chain Week
2 – 8 Mental Illness Awareness Week
2 – 8 Midwifery Week
2 – 8 Nuclear Medicine and Molecular Imaging Week
3 Child Health Day
6 – 12 Physician Assistants Week
9 – 15 Case Management Week
9 – 15 Central Service Week
9 – 15 Emergency Nurses Week
9 – 15 Fire Prevention Week
9 – 15 Healthcare Security and Safety Week
10 – 15 Dialysis Technician Recognition Week
10 World Mental Health Day
12 Arthritis Day
12 Healthcare Security and Safety Officer Appreciation Day
12 Stop America’s Violence Everywhere Day
16 – 22 Infection Prevention Week
16 – 22 Health Education Week
16 – 22 Healthcare Quality Week
17 – 21 Medical Assistants Recognition Week
17 – 21 Nuclear Science Week
20 Osteoporosis Day
22 Stuttering Awareness Day
23 – 29 Health Care Facility and Engineering Week
23 – 29 Respiratory Care Week
23 – 31 Red Ribbon Week
24 Lock Your Meds Day
26 Lung Health Day
29 Psoriasis Day

November

Month-long Observances
Alzheimer’s Disease Awareness Month, Blasser Health Awareness Month, COPD Awareness Month, Diabetes Month®, Diabetic Eye Disease Month, Epilepsy Awareness Month, Family Caregivers Month, Healthy Skin Month, Home Care Month, Hospice and Palliative Care Month, Lung Cancer Awareness Month, Pancreatic Cancer Awareness Month, Prematurity Awareness Month, Sexual Health Month, Jingle Bell Run/Walk for Arthritis
Other Health Observances
1 – 7     Medical-Surgical Nurses Week
1 – 7     Patient Transportation Week
1 – 7     Urology Nurses and Associates Week
6 – 12    Allied Health Professions Week
6 – 12    Diabetes Education Week
6 – 12    National Medical Staff Services Awareness Week
6 – 12    Radiologic Technology Week
6         Lung Cancer Walk for Hope
7 – 11    Blood Management Awareness Week
12        World Pneumonia Day
14        World Diabetes Day
17        Rural Health Care Day
17        Great American Smokeout
17        Prematurity Day
24 – Jan. 1 Tie One On for Safety Campaign

December
Month-long Observances
Safe Toys and Celebrations Month, Safe Toys and Gifts Month, AIDS Awareness Month, Drunk Driving Prevention Month

Other Health Observances
1         AIDS Day (World)
4 – 10    Hand Washing Awareness Week
4 – 10    Flu Vaccination Week
7 – 11    Older Driver Safety Awareness Week

Note: These health observance dates have been compiled as a service for AlaHA members and statewide media. This information does not in any way represent the opinions or views of the Alabama Hospital Association or its staff, and no endorsement should be implied. Although AlaHA staff strives to provide correct information, we cannot guarantee its accuracy or validity and users are encouraged to verify information before referencing.

Sources: Health Observances & Recognition Days: 2016 Calendar. Provides descriptions of the observances, as well as contact information. Available from the Society for Healthcare Strategy and Market Development. To order, visit www.shsmdstore.com and search for “Health Observances.”