

2010 Health Observances

January

Month-long Observances

Blood Donor Month, Cervical Cancer Screening Month, Cervical Health Awareness Month, Glaucoma Awareness Month, March of Dimes Birth Defects Prevention Month, Radon Action Month, Thyroid Awareness Month

Other Health Observances

4 Louis Braille's Birthday (1809-1852)
11 Find a Dentist Day
17-23 Healthy Weight Week
21 Women's Healthy Weight Day
24-30 Nurse Anesthetists Week
25 IV Nurse Day
25-29 Medical Group Practice Week

February

Month-long Observances

Age-Related Macular Degeneration/Low Vision Awareness Month, American Heart Month, Children's Dental Health Month, Condom Month, International Prenatal Infection Prevention Month, Kids ENT (Ears, Nose, Throat) Health Month, Wise Health Care Consumer Month

Other Health Observances

1-7 Patient Recognition Week
1-7 PeriAnesthesia Nurses Awareness Week
4 Cancer Day (World)
5 Give Kids A Smile Day
5 Wear Red Day
7-13 Burn Awareness Week
7-14 Congenital Heart Defect Awareness Week
8-12 Pride in Food Service Week
11 Day for the Sick (World)
14 Donor Day
14-20 Cardiac Rehabilitation Week
14-20 Cardiovascular Professionals Week
14-20 Children of Alcoholics Week
19 Woman's Heart Day
21-27 Eating Disorders Awareness Week

March

Month-long Observances

Athletic Training Month, Brain Injury Awareness Month, Child Life Month, Colorectal Cancer Awareness Month, Eye Donor Month, Hemophilia Awareness Month, Kidney Month, Multiple Sclerosis Education and Awareness Month, Nutrition Month, Professional Social Work Month, Save Your Vision Month, Workplace Eye Wellness Month

Other Health Observances

7-13 Dental Assistants Recognition Week
7-13 Patient Safety Awareness Week
8-12 School Breakfast Week
8-14 Multiple Sclerosis Awareness Week
10 Registered Dietitian Day
11 Kidney Day (World)
14-20 Inhalants and Poisons Awareness Week
14-20 Pulmonary Rehabilitation Week
15-21 Brain Awareness Week
21-27 Poison Prevention Week
23 Diabetes Alert Day
24 TB Day (World)
27 Wilhelm Conrad Roentgen's Birthday (1845-1923)
27 Walk for Epilepsy
28-April 3 Root Canal Awareness Week
30 Doctors' Day

April

Month-long Observances

Alcohol Awareness Month, Autism Awareness Month, Cancer Control Month, Child Abuse Prevention Month, Counseling Awareness Month, Donate Life Month, Facial Protection Month, Foot Health Awareness Month, Humor Month, Irritable Bowel Syndrome Awareness Month, March for Babies, Minority Health Month, Occupational Therapy Month, Relay for Life, Sarcoidosis Awareness Month, Sexually Transmitted Diseases Awareness Month, Sports Eye Safety Month, Women's Eye Health and Safety Month, Youth Sports Safety Month

Other Health Observances

5 Sir Joseph Lister's Birthday (1827-1912)
4-10 Healthcare Access Personnel Week

April continued...

5-11	Public Health Week
4	Health Day (World)
5-11	Public Health Week (National)
8	Radiology Nurses Day
8	Alcohol Screening Day
11-14	Patient Advocacy Week
11-17	Health Information Privacy and Security Week
11-17	Heimlich Maneuver Week
12-16	Cancer Registrars Week
14	Moment of Laughter Day
16	Voice Day
17	YMCA Healthy Kids [®] Day
18-24	Electroneurodiagnostic Week
18-24	Healthcare Administrative Professionals Week
18-24	Healthcare Volunteer Week
18-24	Medical Laboratory Professionals Week
20	Sexual Assault Awareness Month Day of Action
19-25	Medical Fitness Week
23-25	Youth Service Day
24-May 1	Infant Immunization Week
25-May 1	Safe Kids Week
25-May 1	Vasculitis Awareness Week
28	Noise Awareness Day

May

Month-long Observances

Allergy and Asthma Awareness Month, American Stroke Month, Arthritis Awareness Month, Arthritis Walk[®], Better Hearing and Speech Month, Better Sleep Month, Bike Month, Clean Air Month, Critical Care Awareness and Recognition Month, Healthy Vision Month, Hepatitis Awareness Month, High Blood Pressure Education Month, Huntington's Disease Awareness Month, Lupus Awareness Month, Lyme Disease Awareness Month, Melanoma/Skin Cancer Detection and Prevention Month[®], Mental Health Month, Motorcycle Safety and Awareness Month, Multiple Chemical Sensitivity Awareness Month, NF (Neurofibromatosis) Awareness Month, Older Americans Month, Oncology Nursing Month, Osteoporosis Awareness and Prevention Month, Physical Fitness and Sports Month, Run a Mile Day, Stroke Awareness Month, Teen Pregnancy Prevention Month, Trauma Awareness Month, Tuberos Sclerosis Awareness Month, Ultraviolet Awareness Month

Other Health Observances

1-7	Physical Education and Sport Week
2-8	Anxiety and Depression Awareness Week

May continued...

2-8	Children's Mental Health Week
2-8	Hug Holiday Week
2-8	North American Occupational Safety and Health Week
4-10	Healthcare Access Personnel Week
3	Melanoma Monday [®]
5	Anxiety Disorders Screening Day
5	Asthma Awareness Day on Capitol Hill
6	Children's Mental Health Awareness Day
6	Occupational Safety and Health Professional Day
3-7	Mental Health Counseling Week
6-12	Nurses Week (Day, 6)
9-15	Alcohol and Other Drug-Related Birth Defects Week
9-15	Food Allergy Awareness Week
9-15	Hospital Week
9-15	Nursing Home Week
9-15	Women's Health Week
10	Women's Check-up Day
10-16	Stuttering Awareness Week
12	School Nurse Day
12	CFS Awareness Day
12	Fibromyalgia Awareness Day
12	Florence Nightingale's Birthday (1820-1910)
16-22	Emergency Medical Services Week
17-21	Neuropathy Week
17-23	Medical Transcriptionist Week
18	HIV Vaccine Awareness Day
19	Employee Health and Fitness Day
24-30	Recreational Water Illness Prevention Week
24-June 6	Click It or Ticket National Mobilization
25	Missing Children's Day
26	Senior Health and Fitness Day
31	No Tobacco Day (World)

June

Month-long Observances

Aphasia Awareness Month, Fireworks Eye Safety Month, Hernia Awareness Month, Home Safety Month, Men's Health Month, Scleroderma Awareness Month, Vision Research Month

Other Health Observances

5-12	Dystonia Awareness Week
------	-------------------------

June continued...

6-12	Headache Awareness Week
6-12	Sun Safety Week
1	Healthcare Recruiter Recognition Day
6	Cancer Survivors Day
7-11	Vascular Nursing Week
10-17	Nursing Assistants Week
10	Career Nursing Assistants' Day
14	Blood Donor Day (World)
15	St. Frances Xavier Cabrini's Birthday (1850-1917)
14-18	Healthcare Risk Management Week
14-20	Men's Health Week
16	Time Out Day
21	ASK (Asking Saves Kids) Day
21-27	Deaf-Blind Awareness Week
27	HIV Testing Day
27-July 5	Eye Safety Awareness Week

July

Month-long Observances

Cord Blood Awareness Month, Fireworks Eye Safety Month, Group B Strep Awareness Month, Hemochromatosis Awareness Month, Juvenile Arthritis Awareness Month, UV Safety Month

Other Health Observances

2-9	Nurses in Staff Development Week
9	Dental Awareness Day
11-17	Therapeutic Recreation Week
25-31	Hospitality House Week

August

Month-long Observances

Cataract Awareness Month, Children's Eye Health and Safety Month, Immunization Awareness Month, Neurosurgery Outreach Month, Psoriasis Awareness Month, Spinal Muscular Atrophy Awareness Month

Other Health Observances

1-7	Breastfeeding Week (World)
1	KidsDay®
8-14	Health Center Week
23	Health Unit Coordinator Day

September

Month-long Observances

Alcohol and Drug Addiction Recovery Month, America on the Move® STEPTember Campaign, Baby Safety Month, Cholesterol Education Month, Craniofacial Acceptance Month, Gynecologic Cancer Awareness Month, Head Lice Prevention Month, Healthy Aging® Month, Leukemia, Lymphoma and Myeloma Awareness Month, Ovarian Cancer Awareness Month, Pain Awareness Month, Prostate Cancer Awareness Month, Prostate Health Month, Reye's Syndrome Awareness Month, Sickle Cell Awareness Month, Sports and Home Eye Safety Month, Thyroid Cancer Awareness Month

Other Health Observances

5-6	Jerry Lewis MDA Labor Day Telethon
5-11	Suicide Prevention Week
11-17	Childhood Passenger Safety Week
13	Celiac Disease Awareness Day
12	Grandparents Day
12-18	Assisted Living Week
12-18	Healthcare Environmental Services and Housekeeping Week
12-18	Nephrology Nurses Week
15	Neonatal Nurses Day
21	Take a Loved One for a Checkup Day
19-25	Farm Safety and Health Week
19-25	Prostate Cancer Awareness Week
19-25	Rehabilitation Awareness Celebration
19-25	Surgical Technologists Week
21	Alzheimer's Day (World)
25	Family Health & Fitness Day
26-Oct.2	Adult Immunization Awareness Week
26	Heart Day (World)
28	Rabies Day (World)
29	Women's Health & Fitness Day

October

Month-long Observances

Breast Cancer Awareness Month, Celiac Disease Awareness Month, Chiropractic Month, Dental Hygiene Month, Disability Employment Awareness Month, Domestic Violence Awareness Month, Down Syndrome Awareness Month, Eye Injury Prevention Month, Family Sexuality Education Month, Halloween Safety Month, Health Literacy Month, Healthy Lung Month, Liver Awareness Month, Medical Librarians Month, Medical Ultrasound Awareness Month, Pharmacists Month, Physical Therapy Month, Pregnancy and Infant Loss Awareness Month, Sudden Infant

October continued...

Death Syndrome (SIDS), Pregnancy, and Infant Loss Awareness Month, Talk About Prescriptions Month

Other Health Observances

1-7 Sarcoidosis Awareness Week
1-8 Gerontological Nurses Week
3-9 Fire Prevention Week
3-9 Healthcare Resource and Materials Management Week
3-10 Hearing Aid Awareness Week
3-9 Mental Illness Awareness Week
3-9 Midwifery Week
3-9 Nuclear Medicine Week
4 Child Health Day
5 Rudolph Virchow's Birthday (1821-1902)
4-10 Healthcare Food Service Workers Week
6-12 Physician Assistants Week
7 Bipolar Disorder Awareness Day
7 Depression Screening Day®
8 Sight Day (World)
9-15 Pediatric Nurses Week
3-10 Hearing Aid Awareness Week
10 Mental Health Day (World)
10-16 Case Management Week
10-16 Emergency Nurses Week
10-16 Healthcare Central Service and Sterile Processing Week
10-16 Healthcare Security and Safety Week and Officer's Day
11-16 Dialysis Technician Recognition Week
12-20 Action Week
13 Metastatic Breast Cancer Awareness Day
13 Stop America's Violence Everywhere (SAVE) Today
16 Food Day (World)
15 Mammography Day
17-23 Healthcare Quality Week
17-23 Hospital and Health-System Pharmacy Week
17-23 Infection Prevention Week
17-23 Kids Care Week
18-23 Medical Assistants Week
18-22 School Bus Safety Week
18-24 National Drug-Free Work Week
20 Osteoporosis Day (World)
22 Stuttering Awareness Day
23-31 Red Ribbon Week

23 Make a Difference Day
24-30 Healthcare Facilities and Engineering Week
24-30 Pastoral Care Week
24-30 Respiratory Care Week
27 Lock Your Meds Day
27 Lung Health Day
29 Psoriasis Day
31-Nov. 6 Medical Staff Services Awareness Week

November

Month-long Observances

Alzheimer's Disease Awareness Month, Diabetes Month®, Diabetic Eye Disease Month, Epilepsy Awareness Month, Family Caregivers Month, Healthy Skin Month, Home Care Month, Hospice Month, Hospice and Palliative Care Month, Jingle Bell Run/Walk for Arthritis, Lung Cancer Awareness Month, Pancreatic Cancer Awareness Month, Prematurity Campaign, Pulmonary Hypertension Awareness Month, Sexual Health Month

Other Health Observances

1-7 Diabetes Education Week
1-7 Medical-Surgical Nurses Week
1-7 Urology Nurses and Associates Week
7-13 Allied Health Professions Week
7-13 Aspiring Nurse Leader Week
7-13 Health Information and Technology Week
7-13 Mental Health Wellness Week
7-13 Patient Transport Week
7-13 Radiologic Technology Week®
8-14 Perioperative Nurse Week
14-21 Bladder Health Week
18 Great American Smokeout
20 Family Volunteer Day
21-27 Gastroesophageal Reflux Disease Awareness Week

December

Month-long Observances

Drunk and Drugged Driving Prevention Month, Safe Toys and Celebrations Month, Safe Toys and Gifts Month

Other Health Observances

1 AIDS Day (World)
1-7 Aplastic Anemia and MDS Awareness Week
5-11 National Handwashing Awareness Week

25
27

Clara Barton's Birthday (1821-1912)
Louis Pasteur's Birthday (1822-1895)

Note: These health observance dates have been compiled as a service for AlaHA members and statewide media. This information does not in any way represent the opinions or views of the Alabama Hospital Association or its staff, and no endorsement should be implied. Although AlaHA staff strives to provide correct information, we cannot guarantee its accuracy or validity and users are encouraged to verify information before referencing.

Sources: *Health Observances & Recognition Days: 2010 Calendar*. Provides descriptions of the observances, as well as contact information. Available from the Society for Healthcare Strategy and Market Development. To order, visit www.shsmstore.com and search for "Health Observances."

2010 National Health Observances. Published by the National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, D.C. Lists dates, contact information and links to sponsoring organizations when available. Download free of charge at www.healthfinder.gov/nho.

World Health Organization Annual Events –
<http://www.who.int/mediacentre/events/annual/en/>

Individual organizations contacted for date verification in some instances.